



## FACT SHEET

### About Dignity Grows

- [Dignity Grows](#) is a national nonprofit movement, founded in 2019 in Hartford, Connecticut, to address the hidden health crisis of Period Poverty in America through direct support, research, and social policy change.
- Dignity Grows ensures direct hygiene support for 56,000 women and girls each year through its signature "[Hope in a Bag](#)" and "[Hope in a Backpack](#)" programs.
- Dignity Grows hosts the biennial National Summit on Period Poverty, uniting cross-sector changemakers to build actionable solutions to Period Poverty. The 2025 Period Poverty Summit was held in Atlanta, GA, from October 27-28.
- In 2024, Dignity Grows launched the Period Poverty Institute of America to combat the period poverty crisis through data-driven systemic change, advocacy, and providing essential support to those in need.
- The '2025 Period Poverty in America: Evidence and Insights' Report is available at [DignityGrows.org/PeriodPovertyInAmerica](https://DignityGrows.org/PeriodPovertyInAmerica). Highlights from the report are included below.

### Period Poverty in America 2025 Report Highlights

- **The U.S. economy loses at least \$60 million per year** from hourly wage earners experiencing Period Poverty.
- **42% of women reported having experienced Period Poverty at some point in their lives, compared to 35% in 2023.**
- 42% of women currently experiencing Period Poverty report that it impacted their ability to attend or perform at work.
- For women currently experiencing Period Poverty, **school attendance was affected for 33% of respondents, 15% reported that grades were affected, and 36% reported that class participation was affected.**
- Among women currently experiencing Period Poverty, **work performance was affected for 56% of respondents, 18% reported that advancement at work was affected,** and 45% reported that confidence at work was affected.
- 49% of women currently experiencing Period Poverty reported they experienced related health problems or medical complications, with 65% noting that the extent of those problems was moderately or extremely significant.
- Among women currently experiencing Period Poverty, when asked how their lives would be different with unlimited access to period products, **24% said they would explore different professional opportunities, 17% said they would explore different educational opportunities, 37% reported they would worry less about finances.**